

## Keep It Simple, But Pack a Punch

### Supply List



#### **Fabric**

Choose simple solid fabrics, gradients, ombres, or hand dyes in your favorite colors. You may add silk fabrics and some prints or textured fabrics for your focus fabric. Think of value and be sure to add fabrics in related colors of several values.

#### **Thread**

*These are my favorite threads so they are suggested but purely optional.*

Aurifil – cotton 50 wt. for piecing

<https://redrockthreads.com/aurifil-thread/aurifil-thread-makosolid50.asp>

Glide thread for quilting

<https://quiltedjoy.com/shop/product-category/machine-quilting-thread/glide-thread>

#### **IMPORTANT EQUIPMENT**

Sewing Machine - Please have your sewing machine set up before class. Your sewing machine must be in good working order. Also have your manual available.

Fabric scissors, rotary cutter, cutting mat, iron and ironing surface. It's always great if you have a design wall.

**If you will be couching:**

Stabilizer

Pellon 806 Stitch n' Tear – 38" x 18"



Madeira – Super Twist #30

[https://sitnsewfabrics.com/home-embroidery/thread/?bc\\_fsnf=1&Material=Super%20Twist](https://sitnsewfabrics.com/home-embroidery/thread/?bc_fsnf=1&Material=Super%20Twist)

YLI – Monofilament Thread for the bobbin. If your machine doesn't like monofilament thread just use regular thread.

<https://ylicorp.com/products/wonder-invisible-thread?variant=39446985486>

You must have zig-zag capability and know how to raise and lower the feed dogs.

Zig-Zag presser foot, also a cording foot or braiding foot for couching is good to have. I like the Bernina #21 but any open toe foot will work. See if your brand of machine might have something similar.



[Bernina Braiding Foot 21](#)

Single Cone Thread Stand like the one in this link :

[Single Cone Thread Stand](#)

Large Starbucks Straw, masking tape.

**Fusible:**

If you plan to fuse applique pieces to the surface of your quilt. Mistyfuse or fusible of your choice. If using Mistyfuse please have several sheets of parchment paper or nonstick Goddess sheets available.

Below is an example of a quilt where I used couching (stitching yarn to the surface) to add definition to the long curvy lines and small rectangles. I also added some couching to create the suggestion of hills. Rectangles were fused to the surface using Mistyfuse. Also, the quilt on the right uses a hand printed focus fabric. This quilt is entirely pieced.

